

Consultant Community Adviser Biography

Patrick Hargreaves

Experience

Patrick is an International NLP Trainers Association (INLPTA) Master Practitioner with 15 years of experience as a leader in the Utilities industry.

Expertise

Patrick skilfully and effectively provides life-changing coaching for individuals with a range of ambitions. He is creative and highly skilled in helping people to find solutions and ways forward. He has a special gift for supporting families.

Philosophy and Passion

Patrick has a passion for coaching. He is always positive-thinking and will see opportunities for others to be empowered; he loves helping them to make desired changes in their lives. He is a skilled practitioner of Mindfulness meditation and readily shares these skills to assist others in being more fully 'in the moment'. Patrick's coaching enables people to understand their strengths, further develop their confidence and gain clarity about actions and life-directions.

Focus

Currently, Patrick is providing regular coaching to enhance the life experience of young people and parents/carers. This is an experience and expertise he would bring to his Affinity work.



Service Delivery

Supporting Vulnerable
Learners: Coaching, especially
for pupils and families and
coaching for success

Staff Wellbeing: Transformative
coaching, supervision and
training for individuals and
teams

CONTACT

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